



# Dame Kelly Holmes DBE, MBE

President of Commonwealth Games England, Double Olympic Gold Medal Winning Athlete



## CSA CELEBRITY SPEAKERS

Dame Kelly Holmes is one of Britain's most recognisable and admired athletes. She has won Olympic, European and World, Commonwealth medals. Kelly founded her own charity the Dame Kelly Holmes Legacy Trust in 2008, to which she is the active Chair, providing support to elite performers as they develop their career. She is a key member of the Ambassador Team for the London 2012 Olympic bid. Kelly was National School Sports Champion for 3 years under Gordon Brown and also chaired an Olympic Legacy Taskforce on behalf of David Cameron suggesting a School Olympics to create competitive sport within schools as part of the sporting legacy post London 2012, which has now been adopted as a policy.

**"Kelly has become an icon of British athletics, a truly inspirational and respected figure in the sporting world"**

### In detail

Kelly first established her working career as a member of the British Army in 1988. Reaching the Rank of Sergeant, she decided to leave in 1997 to pursue a senior athletics career full time. Upon leaving, she was awarded an MBE for her services to the British Army and was honoured by the Queen in the 2005 New Year's honours with a Dame Hood. Kelly made history at the 2004 Olympic Games in Athens, she achieved something that only 2 other women in the world have ever achieved and became the second British athlete to win 2 middle distance Gold Medals at the same Games in over 80 years.

### What she offers you

Kelly offers audiences great insights in to what it really takes to become a champion and how we can apply the lessons she learned on the track to our own personal and business lives. Her experiences make her an ideal speaker, she gives her audience invaluable information and keeps everybody entertained with her natural humour and charm.

### How she presents

Kelly has developed a completely new and unique style of presentations never seen before. They are tailored to the individual needs of the client, working with them to achieve their goals and objectives of strategy meetings, seminars and conferences.

### Topics

- Reaching Your Goals
- Motivation
- Becoming Number One
- Self-Belief
- The Life and Times of Kelly Holmes
- After Dinner
- Awards

### Languages

She presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what she could bring to your event.

### How to book her?

Simply phone, fax or e-mail us.

### Publications

#### 2011

Just Go for It

#### 2008

Kelly Holmes

#### 2005

Black, White and Gold (Autobiography)

#### 2004

My Olympic Ten Days

### Credentials

#### 2005

Laureus World Sportswoman of the Year (known as the Oscars of the sports world, decided by the Laureus World Sports Academy, a panel of 40 of the greatest sportsmen and sportswomen of all time)

#### 2004

BBC Sports Personality of the Year

#### 2004

European Female Athlete of the Year