



**Ben Renshaw**  
Broadcaster and Author



## CSA Celebrity Speakers Ltd

Ben Renshaw is co-director of The Happiness Project working with doctors, health practitioners, psychologists and the public to gain a greater insight and capacity for health and happiness. Additionally he is also co-director of The Coaching Success Partnership, where he coaches individuals and groups worldwide enabling audiences to achieve their true potential both professionally and personally.

**"Very well structured and logical, weighty and relevant. Very good captured attention. Very inspiring. Excellent" Diversity Week, Jaguar and Land Rover.**

### In detail

A former classical violinist at the Yehudi Menuhin School, Ben is no stranger to public speaking. He appears frequently on television on numerous programmes most recently in the Channel 4 documentary Perfect Match, in which he explored all aspects of relationships.

### What he offers you

Ben has delivered master classes, workshops and seminars worldwide and shows audiences how to enjoy life to the full by dispelling the old myths of success and, at the same time, giving a blue print for real, lasting success.

### How he presents

Ben is an inspirational and entertaining speaker. He is renowned for his charisma, personal warmth and humour. Every presentation is carefully tailored to fit the client's brief perfectly.

### Topics

Work-Life Balance  
Stress Busters  
Great Minds Don't Think Alike!  
Shift Happens  
Liberate Talents  
Success Intelligence  
Coaching Success

### Languages

He presents in English.

### Want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

### How to book him?

Simply phone, fax or e-mail us.

### Publications

#### 2005

Supercoaching

#### 2003

The Secrets of Happiness: 100 Ways to True Fulfilment

#### 2002

The Secrets

Balancing Work and Life

#### 2001

Together but Something Missing

#### 2000

Successful but Something Missing