



# Helen Fielding

Novelist & Screenwriter



## CSA Celebrity Speakers Ltd

Helen Fielding is an English novelist and screenwriter, best known as the creator of the fictional character Bridget Jones, and a sequence of novels and films beginning with the life of a thirty-something singleton in London trying to make sense of life and love.

### "The face behind Bridget Jones"

#### In detail

'Bridget Jones's Diary' and 'Bridget Jones: The Edge of Reason' were published in 40 countries and sold more than 15 million copies. The two films of the same name achieved international success. 'Bridget Jones: Mad About the Boy' was published with record-breaking first-day sales in the UK. Late 2016 saw the release of the third movie: Bridget Jones's Baby. Helen studied English at St Anne's College, Oxford and was part of the Oxford revue at the 1978 Edinburgh Festival and began work at the BBC in 1979 as a regional researcher on the news magazine Nationwide. In 1985 Helen produced a live satellite broadcast from a refugee camp in Eastern Sudan for the launch of Comic Relief. From 1990 - 1999 she worked as a journalist and columnist on several national newspapers and The Telegraph.

#### What she offers you

An experienced media personality and creator of Bridget Jones, Helen shares her experiences of becoming one of the world's most read authors. With humour she approaches many human angles of communication and her motto is "keep it real" as well as "rather human than perfect".

#### How she presents

A charismatic and charming personality, Helen loves being on the platform. She is a true professional and always well prepared. She prefers short presentations followed by lengthy interaction with her audience. Humour is her trademark.

### Topics

- Lessons from the Life & Times of Bridget Jones
- How to Relate & Communicate as a Woman
- Keep it Real & Be Human Rather than Perfect
- Sharing Humour
- Writing & Storytelling
- Awards

#### Languages

She presents in English.

#### Want to know more?

Give us a call or send us an e-mail to find out exactly what she could bring to your event.

#### How to book her?

Simply phone or e-mail us.

### Publications

- 2016**  
Bridget Jones's Baby
- 2013**  
Bridget Jones: Mad About the Boy
- 1998**  
Bridget Jones: The Edge of Reason
- 1996**  
Bridget Jones's Diary