



Kenton Cool is one of the world's leading high-altitude climbers and an elite mountain guide with a total of 17 successful Everest summits. He is also the holder of the historic 'Everest Triple Crown' conquering the peaks of Nuptse, Everest and Lhotse in one continuous push from base camp.

## TOPICS:

- Facing and Overcoming Adversity in a Hostile Environment
- Critical Decision-Making in a Death Zone
- The Big Mountain Blueprint for Optimal Performance - Leaders and Teams
- Understanding and Harnessing Personal Fear
- How to 'Get it Done'
- Creating a Goal-Focused, Proactive Team
- Extreme Leadership
- Decision Making When It Matters Most

## LANGUAGES:

He presents in English.

## PUBLICATIONS:

**2015** One Man's Everest: The Autobiography of Kenton Cool

## IN DETAIL:

In 2023, Kenton broke his own record and achieved his 17th summit of Everest making him the most successful non-Sherpa on the mountain in history. This is all the more impressive when you learn that he was told he would never walk unaided again after breaking both his heel bones in a climbing accident when he was 19. Kenton was selected to fulfil 'The Olympic Games Pledge' in 2012 whereby a century-old promise made by Great Britain to Baron Pierre de Coubertin to place a 1924 Olympic Gold Medal on the Everest summit was completed four weeks before the London 2012 Opening Ceremony. Kenton is an IFMGA (International Federation of Mountain Guides Association) qualified mountain guide and provides a highly professional and personalised guiding service.

## WHAT HE OFFERS YOU:

In his presentations Kenton explores the direct comparisons between summit expeditions and business, focusing on the themes of teambuilding, leadership, motivation and facing personal fears in adverse situations. His years in the mountains, both as a climber and Expedition Leader have taught him how to face and overcome challenges, whilst bringing out the best in those around him.

## HOW HE PRESENTS:

His presentations are entertaining, high energy and filled with humour, yet press some serious points. Each session is complemented with an awe-inspiring collection of photographs and video footage from his expeditions around the world.