



## Mark Foster

**8 Times Swimming World Record Holder, TV Personality & Host**

*"Mark was the flag bearer to lead out Team GB at the opening ceremony of the 2008 Beijing Olympics"*

Mark Foster is one of Britain's most decorated male swimmers. He represented his country for 23 years. Throughout his remarkable career, he won 47 major international medals, competed in 5 Olympics, was 6 times World Champion, and broke the World record 8 times. He is now a media personality and a regular tv presenter.

### TOPICS:

- Motivation
- Inspiration
- Achieving Goals
- Host
- Presenter

### LANGUAGES:

He presents in English.

### IN DETAIL:

Mark has been a regular participant on *Countdown*, *A Question of Sport*, *Come Dine With Me*, *Celebrity Masterchef* as well as a host of other shows and campaigns. He also appeared on *Celebrity Juice for the Sports Relief Special* and the BBC1 show *Let's Dance For Sport Relief*. In 2008, he entered *Strictly Come Dancing* and subsequently took part in the live tour in 2012. Inspired by his experience on *Strictly* and the fitness and discipline required to compete on the tour, Mark co-formed *Fitsteps* which was launched in 2014.

### WHAT HE OFFERS YOU:

A brilliant motivator, Mark Foster shows audiences exactly what it takes to become an Olympic Champion. He is an experienced motivational speaker who draws on his successes and hard work for the benefit of many companies. Mark is also in great demand to host and present events.

### HOW HE PRESENTS:

His outstanding achievements as an athlete, his charming personality and great sense of humour make Mark Foster a sought after speaker and host at a wide range of events.