



# Mark Pollock

Explorer, Innovator & Collaboration Catalyst



CSA Celebrity Speakers Ltd

Mark Pollock is co-Founder of the global running series called Run in the Dark. In addition, Mark has been awarded honorary doctorates by The Royal College of Surgeons in Ireland and also from Queens University Belfast. And, he holds a diploma in Global Leadership and Public Policy for the 21st Century from Harvard University, degrees from Trinity College Dublin and The Smurfit Business School.

**"Sometimes we choose our challenges. Sometimes our challenges choose us. What we decide to do about it is what counts"**

## In detail

Unbroken by blindness in 1998, Mark went on to compete in ultra-endurance races across deserts, mountains, and the polar ice caps including being the first blind person to race to the South Pole. He also won silver and bronze medals for rowing at the Commonwealth Games. In 2010 Mark was left paralysed after falling from a second story window. He is now exploring the frontiers of spinal cord injury recovery combining an innovative electrical stimulator over his spinal cord and a drug super-charging his nervous system whilst walking hundreds of thousands of steps as the world's leading test pilot of Ekso Bionics robotic legs. Through the Mark Pollock Trust he is on a mission to find and connect people around the world to fast-track a cure for paralysis. Selected by the World Economic Forum as a Young Global Leader, Mark is on the Board of the Christopher and Dana Reeve Foundation (USA) and is a Wings for Life Ambassador (UK).

## What he offers you

Mark helps people achieve more than they thought possible. It is tough to deliver world class performance. Your people won't do it by chance. With a high-impact catalyst you can help them act with the courage to make it happen. Mark Pollock is that catalyst.

## How he presents

Mark Pollock's inspiring story combined with excellent communication skills make him an extraordinary presenter.

## Topics

Motivation - Resilience and Attitude Under Pressure  
Leadership - Performance and Leading Through a Crisis  
Teamwork - Collaboration Across Disciplines and Geographies  
Innovation - At the Intersection Where Humans and Technology Collide

## Languages

He presents in English.

## Want to know more?

Give us a call or send us an e-mail to find out exactly what he could bring to your event.

## How to book him?

Simply phone or e-mail us.

## Publications

**2006**

Making It Happen! (This book is about the personal leadership choices of inspiring people, published to great acclaim)