Baroness Grey-Thompson

Paralympics Gold Medallist

"Tanni Grey-Thompson's story will stay with me for ever…. a true inspiration"

Baroness Tanni Grey-Thompson DBE is considered to be one of the most successful disabled athletes in the UK. She has competed in events over a wide range of distances and has won a total of 16 Paralympic medals, including 11 golds, held over 30 world records, and won the London Marathon six times.

TOPICS:

○ London 2012
○ Motivation
○ Diversity
○ Achievement
○ Teamwork
○ Inspiration

LANGUAGES:

She presents in English.

PUBLICATIONS:

2001   Seize the Day: My Autobiography
2007   Aim High

IN DETAIL:

She retired from active sport in 2007. In 2008, she was appointed as a member of Transport for London, where she chairs the Environment, Corporate and Planning Panel, and is a member of the Surface Transport and Safety, Health and Environment Assurance Panels. In 2010, she was appointed to the House of Lords, where she serves as a non party political crossbench peer, taking the title Baroness Grey-Thompson of Eaglescliffe in the County of Durham. She is a director of UK Athletics and a member of the board of the London Marathon.

WHAT SHE OFFERS YOU:

One of Great Britain's most successful Paralympians, Baroness Grey-Thompson's remarkable achievements catapulted this Welsh wheelchair athlete firmly into the public consciousness. She speaks about her childhood and family, how she became a track athlete, her training regime and victories, and the challenges and choices in her life. She relates her sporting experiences to the importance of planning for success, teamwork, forward-vision and making dreams come true and reveals what has motivated her through her best and worst times.

HOW SHE PRESENTS:

Baroness Grey-Thompson is an articulate and exceptional motivational speaker and can provide 'tailored' talks with specific references and images on request.