



## Alizé Lim

### Tennis Champion & Media Personality

*"An insightful and authentic voice in sport and media"*



Alizé Lim is a former professional French tennis player, pivoting seamlessly into a distinguished media career. A right-handed competitor who reached a career-high world ranking of No. 135 (2014) in singles, Lim competed in multiple Grand Slam tournaments, most notably facing Serena Williams at Roland-Garros and captured three ITF singles titles and six doubles titles.

#### TOPICS:

- o Athlete to Broadcaster: Navigating Transition & Reinvention
- o Mental Toughness & Resilience
- o Behind the Mic: Sports Broadcasting from the Inside
- o Peak Performance Under Pressure
- o Cultural Identity & Personal Narrative

#### LANGUAGES:

She presents in English and French.

#### PUBLICATIONS:

**2021** Éloge de l'inconditionnel –  
Témoignage d'une zèbre sur le  
court,

#### IN DETAIL:

Born in Paris and of Vietnamese descent, Alizé turned professional in 2007. Her breakthrough moments include competing in four consecutive main draws at the French Open and being the only Frenchwoman to qualify for Roland-Garros in 2013. She spent her formative years training at elite academies before injuries led her to announce a transition toward media, eventually blending play with broadcasting. Since 2020, Alizé has excelled as a presenter and commentator for leading sports networks including Tennis Channel's Academy Life, Warner Bros. Discovery Sports, Eurosport, and France Télévisions. She has covered the Australian Open, French Open, and Paris 2024 Olympics, interviewing top athletes with credibility born from her athlete background.

#### WHAT SHE OFFERS YOU:

Alizé offers unparalleled insight into performance, mindset, and resilience, drawing on experience as both elite athlete and media professional. She brings authenticity and depth to discussions about mental strength and life transitions.

#### HOW SHE PRESENTS:

Alizé delivers polished, compelling, and emotionally resonant presentations. Audiences appreciate her presence: charismatic yet thoughtful, with the ability to foster trust immediately.