

# Ann Daniels

## Record-breaking Polar Explorer

*"One of Britain's leading female explorers"*



Ann Daniels is the first woman in history, along with expedition teammate Caroline Hamilton, to reach the North and South Poles as part of all women teams. She has led expeditions in the most hostile environments on earth, where strong leadership and teamwork are essential to achieve results.

### TOPICS:

- Overcoming the Odds at 40 Below
- The True Cost of Leadership
- High Positions in the Workplace
- Facing the Environmental Challenge
- Leadership
- Teamwork
- Motivation
- Environmental Issues

### IN DETAIL:

Ann understands the importance of good planning, hard work and a positive attitude in the most difficult circumstances. As a Polar guide and the only leader of all 3 Catlin Arctic surveys, Ann was responsible for leading the team on the ice and finding a safe route, making difficult decisions in the most extreme environment on Earth for 74 consecutive days. Described by the *Times* as "living proof that humans really can reach new peaks", Ann talks about how good leadership, teamwork and a positive mental attitude counts and does make a difference to the success of a team. Her most recent expeditions in 2017 and 2018 saw Ann working with NASA and the European Space Agency to help scientists understand what is happening in the fragile Polar regions.

### LANGUAGES:

She presents in English.

### WHAT SHE OFFERS YOU:

By sharing memorable experiences from her polar expeditions, Ann takes the audience on a parallel journey through their own challenges in a tough and changing world. A Guinness world record-holding polar explorer, she tailors every speech to her audience and illustrates the importance of strong leadership, teamwork, the correct attitude, setting goals, managing change, overcoming the odds and the importance of persistence.

### HOW SHE PRESENTS:

In her dynamic presentations, Ann inspires, motivates, breaks down barriers and encourages us to achieve the impossible with her stories of achieving the impossible. She never uses a script because she enjoys interacting with the audience.