

Ben Fogle

Television Presenter, Adventurer & Writer

"A well known media personality and great motivator"

Ben Fogle is an award-winning Broadcaster and adventurer. He has written 9 Sunday Times Bestselling books and is the former United Nations Patron of the Wilderness. Ben has climbed Mount Everest, rowed across the Atlantic, raced across Antarctica to the South Pole and crossed the deserts of the Empty Quarter in the Middle East.

TOPICS:

- Presenter
- Host
- Entertainment
- Awards
- Overcoming Adversity and Challenges
- The Environment
- Motivation

LANGUAGES:

He presents in English and is fluent in Spanish.

PUBLICATIONS:

2012	The Accidental Adventurer
2007	Offshore: In Search of an Island of My Own
2006	The Crossing: Conquering the Atlantic in the World's Toughest Rowing Race (with James Cracknell)
2004	The Teatime Islands: Adventures in Britain's Faraway Outposts (short listed for the WH Smith's people's award for Best Travel book)

IN DETAIL:

A former Reservist in the Royal Navy, Ben first appeared on the BBC's Castaway, in which he was marooned on an island in the Outer Hebrides for a year. Ben has since presented numerous programmes including Animal Park, Countryfile and has made documentaries on Prince William in Africa, disease in Ethiopia, Captain Scott in Antarctica and Crocodiles in Botswana. Ben has travelled extensively in South and Central America and has toured the world for various broadcasting assignments to more than 200 places.

WHAT HE OFFERS YOU:

Ben has vast media experience, and his life has been action-packed on assignments that have taken him around the world. In his presentations he speaks about his personal experience and shows how to live differently.

HOW HE PRESENTS:

Ben's presentations are entertaining and inspiring, and he is equally at home hosting or giving a motivational speech, adding prestige to any event.

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