



Ben Ryan is the most successful men's rugby sevens coach in the world, the only coach winning Continental, World and Olympic titles. Ben has been working at the top end of international sport for over a decade. Ben's achievements are well documented and include many personal and professional accolades.

### TOPICS:

- o Coaching High Performance Teams
- o Leadership Insights
- Management, Strategy and Trust to Unlock Peak Performance

# LANGUAGES:

He presents in English.

## **PUBLICATIONS:**

**2018** Seven's Heaven: The Beautiful Chaos of Fiji's Olympic Dream

### IN DETAIL:

Starting out as a rugby player himself, Ben seamlessly moved into the world of coaching to lead the Fiji 7s Rugby Team to win a Gold medal at the Rio Olympics. He was named Ratu Peni Raini Latianara in Fiji, became Chief in the province of Serua, and was awarded the Companion of the Order of Fiji, the highest order attainable on the Islands. He was the Pacific Person of the Year and was short-listed for World Rugby Coach of the Year. In 2013, Ben founded "Sleepandwater," a consultancy company that works across the sporting, educational and business sectors. Every individual, team and organisation has its own unique DNA, Sleepandwater provides the expertise and tools to realise potential.

## WHAT HE OFFERS YOU:

Ben shares with audiences worldwide his amazing journey and authentic insights for developing empowered teams. Ben's methods help companies and audiences to maximise performance both personally and in business, resulting in even more meaningful outcomes and a great big dose of passion along the way.

#### HOW HE PRESENTS:

An empowering leader, Ben's unique story of class, culture and communication makes him the perfect speaker for organisations and audiences around the world.

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