



Ben Shephard

TV Presenter

"Ben has an ability to bring out the best in others and make them feel at ease"

Ben is one of Britain's most popular television presenters. He currently co-anchors ITV's breakfast show *Good Morning Britain*, as well as hosting the ever-popular quiz show *Tipping Point*. Come the weekends, Ben presents ITV's hit Saturday night show *Ninja Warrior*.

TOPICS:

- Communication
- Building Brands
- Host and Presenter

IN DETAIL:

Past show credits include *Goals on Sunday*, *Safebreakers*, *The Krypton Factor*, *Behind the Magic of Harry Potter*, *1 Vs 100 One Night Only* with Rod Stewart and also with Phil Collins. Ben was also part of the original team that launched *The X Factor*, hosting 3 seasons of the award-winning *Xtra Factor* on ITV2. No stranger to the corporate arena as a consultant, host and brand ambassador, Ben has taken the helm of events such as The British Olympic Association Ball, Sony Global Conference, the BAFTAs, The Duke of Edinburgh's DofE Awards Annual Dinner, RFU World Cup Dinner and FA Club to name but a few. Ben loves endurance and extreme sports, and his sense of adventure has often led him to take on some amazing and gruelling challenges to raise awareness for the special causes he supports.

LANGUAGES:

He presents in English.

PUBLICATIONS:

2022 Humble Heroes

WHAT HE OFFERS YOU:

Consultant, host and brand ambassador – Ben works on effective communication strategies, inspiring a range of different businesses. Ben demonstrates to senior business leaders the art of brilliant communication, drawing on insights he's developed during 15 years working with incredible people under pressure.

HOW HE PRESENTS:

Ben Shephard is passionate about people – their lives, their stories and their challenges. With a genuine warmth and ability to bring out the best in others, Ben is one of Britain's most popular television presenters.