

Bonita Norris

Record-breaking Adventurer

"One of the youngest British Women to reach the top of Mount Everest"

Bonita Norris is one of the UK's leading adventurers who became the former youngest woman to summit Mount Everest back in 2010. She is a youth ambassador for numerous education institutions and was previously nominated Cosmopolitan Woman of The Year. Bonita is a beacon of what it is possible to achieve with enough determination.

TOPICS:

- Self-Development
- Risk Management
- Why Marginal Gains Matter
- One Step at a Time

LANGUAGES:

She presents in English.

PUBLICATIONS:

2018 The Girl Who Climbed Everest: Lessons learned facing up to the world's toughest mountains

IN DETAIL:

Bonita has broken mountaineering records, becoming the first British woman to ever climb the world's 4th highest peak, Mt Lhotse; considered a technically much more difficult climb than Everest. She lives and breathes inspiring others to step outside their comfort zones, whether that be through the Get Outside campaign, her motivational talks, leading teams on Kilimanjaro or through her own extreme endeavours. Her story reveals the power of small steps, and maybe some stubbed toes on the way. From a life-changing phone call to an indoor climbing wall to the tallest summit above sea level, Bonita's journey translates to the highs and lows we experience in our everyday lives.

WHAT SHE OFFERS YOU:

Bonita's presentations prompt individuals to contemplate their life goals and challenges, equipping them with techniques she employed during her own difficult times.

HOW SHE PRESENTS:

Bonita is a captivating speaker who has the demonstrable determination of a truly powerful and inspirational individual.

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