



# Dr. Brené Brown Ph.D., LMSW

**Extraordinary Researcher and NY Times Bestselling Author** 

"A renowned expert on vulnerability, courage shame and empathy"

Brené Brown is a research Professor at the University of Houston, where she holds the Huffington Brené Brown Endowed Chair at the Graduate College of Social Work. She is also a visiting Professor in management at The University of Texas at Austin McCombs School of Business.

#### TOPICS:

- Daring Greatly or the Power of Vulnerability
- o Dare to Lead
- Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone
- o Rising Strong

## LANGUAGES:

She presents in English.

# **PUBLICATIONS:**

2018 Dare to Lead: Brave Work. Tough Conversations. Whole Hearts

2017 Rising Strong: How the Ability to
Reset Transforms the Way We
Live, Love, Parent, and Lead
Braving the Wilderness: The
Quest for True Belonging and the
Courage to Stand Alone

2012 Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead

2010 The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace Who

#### IN DETAIL:

Brené is also the founder and CEO of The Daring Way, a teaching and certification program for helping professionals who want to facilitate her work. The work focuses on courage building, shame resilience, and uncovering the power of vulnerability. Brené is the Author of five #1 NYT Bestsellers: 'The Gifts of Imperfection', 'Daring Greatly', 'Rising Strong', 'Braving the Wilderness', and her latest book, 'Dare to Lead', which is the culmination of a seven-year study on courage and leadership. She is the first researcher to have a filmed talk on Netflix: The Call to Courage. Her client list includes Google, US Air Force, Pixar, Microsoft, Shell Oil, IBM and LinkedIn.

## WHAT SHE OFFERS YOU:

Every day we experience the uncertainty, risks and emotional exposure that define what it means to be vulnerable or to dare greatly. Based on her vast experience of pioneering research, Dr. Brené Brown dispels the cultural myth that vulnerability is weakness and argues that it is, in truth, our most accurate measure of courage.

## **HOW SHE PRESENTS:**

Brené enjoys working with event coordinators to customise her talks within the scope of her research.

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