



## Caitriona Ellis

Founder of Financial Wellness Academy and Hands Free  
Property Investor

*"Financial Wellness Expert"*

Caitriona Ellis is a qualified financial adviser who has a wealth of personal and client experience focusing on supporting clients as they navigate their money stuff from strengthening their relationship with money, income diversification, property investment, portfolio balancing and retirement planning.

### TOPICS:

- The Art and Science of Financial Wellness!
- How to Counteract the Cost of Living Crisis
- A Tale of Two Extremes - Financial Desperation to Financial Wellness
- Wealth - How to Get it and How to Keep it
- Scaling Hands-Free Property with Double Digit Returns

### LANGUAGES:

She presents in English.

### IN DETAIL:

Caitriona's mission is to help other women find their way to financial wellness by guiding them along a much easier path than she walked. She shows how to create a rock solid financial foundation and how to develop a super healthy relationship with money. Caitriona is a highly competent individual with an honours Commerce degree. She is also a fully qualified Financial Advisor and has recently completed her Level 4 qualification in Residential Estate Agency and is a Fellow of the National Estate Agents Association. Her career in the banking sector allows her great comfort with crunching numbers. She has been in the property market for the last 15 years managing her own buy to-lets with a portfolio of over £1m.

### WHAT SHE OFFERS YOU:

With her experience of remotely acquiring 6 hands free buy-to-lets in a 12-month period, Caitriona shares openly her experience in who this strategy best suits, how to ensure your due diligence is thorough and what kind of returns you can expect. She empowers people to master their money affairs for peace of mind now & in the future.

### HOW SHE PRESENTS:

Caitriona has the ability to make a potentially complex topic for many, accessible, achievable, and easy to achieve! She is refreshingly honest, knowledgeable, experienced, and empathetic and leaves audiences with the feeling: Even I can do this!