



Lord Chris Holmes MBE

Paralympic Legend

"High performance, frontier technology and legislative power, uniquely combined" Hilt

Lord Chris Holmes of Richmond MBE, a nine-time Paralympic gold medallist and former world-record-breaking swimmer, he is now one of the UK's leading speakers on artificial intelligence, blockchain, digital trade and emerging technologies. As a member of the House of Lords, he helps shape legislation governing the technologies transforming business and society, while advising organisations on innovation, inclusion and the future of digital transformation.

TOPICS:

- Artificial Intelligence, AI Governance and the Future of Technology
- Blockchain, Digital Assets and Tokenisation
- Cybersecurity, Quantum Technologies and Digital Innovation
- High-Performance Leadership
- Inclusion by Design
- Human-Centred Technology
- Resilience, Mindset and Overcoming Adversity

LANGUAGES:

He presents in English.

IN DETAIL:

After losing his sight overnight at the age of 14, Lord Chris Holmes transformed adversity into extraordinary achievement, becoming Britain's most decorated Paralympic swimmer. He later built a successful career in law, before helping deliver the groundbreaking London 2012 Paralympic Games as Director of Paralympic Integration. Lord Holmes has introduced the Artificial Intelligence (Regulation) Bill, helped drive the Electronic Trade Documents Act into law, and authored the influential DLT for Public Good report. Today, he advises government and industry on AI, digital transformation, innovation and inclusion, bringing a unique combination of elite sporting success, legislative leadership and technology expertise to audiences worldwide as a keynote speaker.

WHAT HE OFFERS YOU:

As a keynote speaker, Lord Chris Holmes delivers powerful insights that connect the worlds of elite performance, technological transformation and public policy. Drawing on his experiences as a Paralympic champion, legislator and technology leader, he inspires audiences to embrace change, lead through uncertainty and unlock opportunity through innovation.

HOW HE PRESENTS:

An accomplished and engaging speaker, Lord Chris Holmes combines thought leadership, strategic insight and inspirational storytelling with warmth, humour and authenticity. His keynote presentations leave audiences motivated, informed and equipped to lead in a rapidly changing world.