



## Chris Moon MBE

### Breaking Boundaries Mastermind

*"A master of self-motivation"*

Chris Moon MBE is a former British Army Officer with three years operational experience. His training at the Royal Military Academy Sandhurst and experiences as an Army officer provided a world-class grounding in leadership, motivation, and personal and team development. He left to work for a charity clearing landmines in Asia & Africa. He survived being taken prisoner in Cambodia by the Khmer Rouge (one of the most brutal terror groups in history) and negotiated his release and that of two colleagues from threatened execution.

#### TOPICS:

- Leadership
- Risk Management
- Triumph over Adversity
- Personal Reinvention
- Attitude - The Ultimate Liberty
- Smashing the Concept of Limitations
- Communication
- Strategic Leadership

#### IN DETAIL:

In 1995 he was blown up in a supposedly safe area of a minefield in remote East Africa losing an arm and a leg. He survived initially because he treated himself. About fourteen hours after injury, he arrived in South Africa where doctors said they'd never seen anyone live with such a small amount of blood. He recovered three or four times faster than was expected, was out of hospital in less than two months and within a year of leaving hospital ran the London Marathon, raised significant sums to help disabled people in the developing world, worked to ban landmines and successfully completed a full time Master's Degree.

#### WHAT HE OFFERS YOU:

Chris Moon is a truly international motivational speaker who helps people step beyond what they thought possible. Chris knows exactly what it takes to overcome adversity and supposed limitations.

#### LANGUAGES:

He presents in English.

#### PUBLICATIONS:

**1999** One Step Beyond - An Autobiography

#### HOW HE PRESENTS:

Compelling though his stories are, he makes them very real, and he delivers them with high energy as well as wit.