

Dai Greene

Athlete in 400m Hurdles

"One of the UK's most respected athletes"

Dai Greene has been at the forefront of British Athletics since 2009. Dai is a former World, European and Commonwealth 400m hurdles' Champion. Growing up Dai started his sporting career in football however his focus changed when he won a silver medal in the 400m hurdles at the European Athletics Junior Championships in 2005.

TOPICS:

- Achieving Success
- The Olympic Experience
- After Dinner
- Motivation

LANGUAGES:

He presents in English.

IN DETAIL:

2009 saw Greene start to make waves on the senior circuit, competing for Team GB at the 2009 World Championships in Berlin, finishing seventh in the final of the 400 metre hurdles. The Welsh runner then won a silver medal, racing in the 4 x 400m relay in Berlin. 2010 proved to be one of the most successful years of Dai's career so far, winning Gold at the European Championships in Barcelona before running at the Commonwealth Games in Delhi, winning another gold to become Commonwealth Champion. After missing out on a medal at the World Championships in Berlin in 2009, Dai raced in Daegu in 2011, winning gold in the 400 metre hurdles with a time of 48.26 to hold the title of World Champion. Dai then smashed this time at the Diamond League event in Paris in July 2012, running a personal best of 47.84.

WHAT HE OFFERS YOU:

Dai Greene offers audiences the benefits from his extensive experience as a successful athlete. Dai provides remarkable insights into how he achieved success through sheer determination.

HOW HE PRESENTS:

Dai is a humble and likeable personality, a true professional, easy to understand and is a popular choice at events throughout the UK.

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