



David Lim

Leadership Coach and Mountaineer

The Sunday Times described him as "unstoppable" after he summited his 7th virgin peak in 2012



David Lim is best known for leading the landmark 1st Singapore Everest Expedition in 1998 (as well as the second in 2001). Partially disabled from a devastating rare nerve disorder since 1998, his comeback story of overcoming the odds made the cover of the *Readers Digest* magazine in 2001.

TOPICS:

- Reaching the Top
- Peak Performance
- Leadership
- Teamwork
- Achieving Goals
- Motivation

IN DETAIL:

He was in management at a publishing house for nearly a decade until 1999. David is a past President of the Asia Professional Speakers and his work included being an adjunct lecturer for INSEAD Business School (2000-2009). A veteran of over 70 alpine and expedition ascents around the world, David continues climbing and achievements in recent years have included scaling 6000-metre virgin peak in Qinghai and making the first single-day, mobility-impaired ascent of the Mt Kinabalu in Borneo in 2013. He is also an Associate Meta-Coach, certified practitioner in Neuro-Semantics and Neuro-Linguistics Programming. His coaching practice has been widely profiled in *The Wall Street Journal* and Singapore's *The Straits Times* newspaper.

LANGUAGES:

David presents in English and Chinese.

WHAT HE OFFERS YOU:

David is a sought-after leadership coach, with expertise in negotiation skills, facilitating change, building high performing teams and creating experiential learning programmes. These add value to any client event and sustainable change initiatives.

PUBLICATIONS:

2011 How Leaders Lead: 71 lessons in leading yourself and others

2004 Against Giants

1999 Mountain to Climb: A Quest for Everest and Beyond

HOW HE PRESENTS:

David's presentation style is breezy with lots of humour, audience-interactive and backed not only by decades of leadership achievement, but also with the rigour of an understanding of how adults learn.