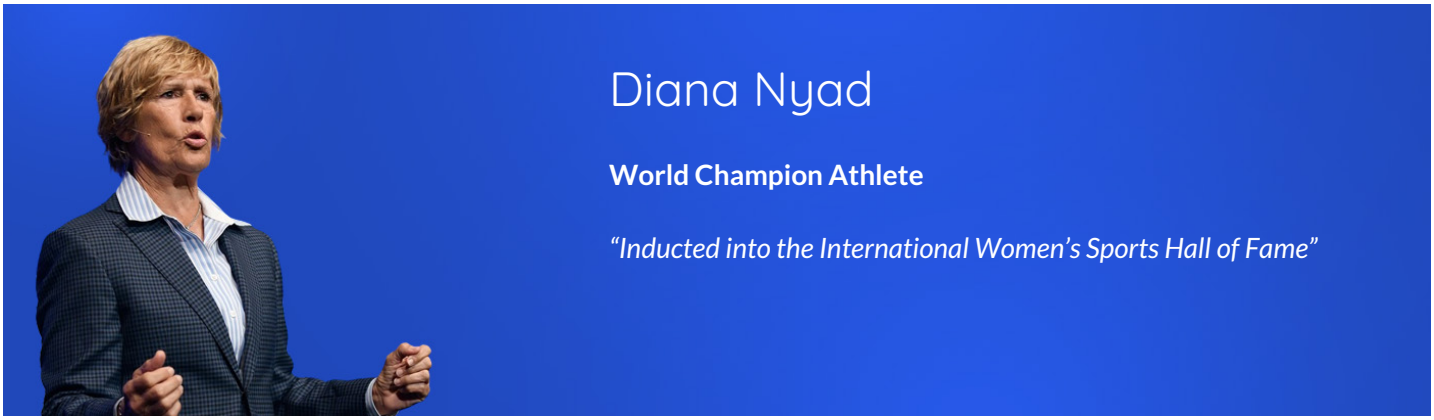


Diana Nyad

World Champion Athlete

"Inducted into the International Women's Sports Hall of Fame"

Diana Nyad is a renowned long-distance swimmer, motivational speaker, author, and journalist. She gained international fame for her remarkable endurance and determination, most notably for her historic swim from Cuba to Florida at the age of 64. Nyad's journey is a testament to the power of perseverance, mental strength, and the human spirit's capacity to overcome seemingly insurmountable obstacles.

TOPICS:

- Never Ever Give Up
- Overcoming Adversity
- The Power of Perseverance
- Mental Toughness
- Finding Your Passion

LANGUAGES:

She presents in English.

PUBLICATIONS:

2016 Find a Way: The Inspiring Story of One Woman's Pursuit of a Lifelong Dream

IN DETAIL:

This historic swim, completed after nearly 53 hours in the water, marked her fifth attempt and came 30 years after her initial failure to finish the same route. Diana's incredible life story is the subject of the feature film "Nyad," starring Jodie Foster, highlighting her extraordinary achievements, and bringing her inspiring journey to a wider audience on Netflix. Beyond her achievements in swimming, Diana is dedicated to promoting an active and environmentally conscious lifestyle. She launched EverWalk, an initiative aimed at transforming a sedentary nation into one of millions of walkers. And she developed the Oceans Commit event, which gathers commitment signatures from individuals and businesses to reduce single-use plastic.

WHAT SHE OFFERS YOU:

Diana Nyad captivates audiences with her compelling story of resilience, determination, and the pursuit of dreams against all odds. From the stage, her message of teamwork, determination, perseverance, and "finding a way" to overcome seemingly impossible challenges resonates with audiences at every level across the world.

HOW SHE PRESENTS:

Diana's story is a powerful reminder that age, setbacks, and challenges should never deter us from pursuing our dreams.