

Dominic O'Brien

Eight Times World Memory Champion

"I memorise ten packs of cards a day. When it's over, I usually have a headache"

Dominic O'Brien is a British mnemonist. He is the eight times world memory champion and works as a trainer for Peak Performance Training. He had an entry in the *Guinness Book of Records* for his 2002 feat of committing to memory a random sequence of 2808 playing cards (54 packs) after looking at each card only once.

TOPICS:

- Improving Performance
- Memorisation Techniques
- Developing a Brilliant Memory
- Unique Brainwave Conditioning System

LANGUAGES:

He presents in English.

PUBLICATIONS:

2012	The Brilliant Memory Tool Kit
2011	You can Have an Amazing Memory
2005	How to Develop a Brilliant Memory Week by Week: 52 Proven Ways to Enhance Your Memory Skills
2003	Never Forget Facts and Figures
2003	Never Forget a Speech
2002	Never Forget a Name or Face
2002	Numbers and Dates
2001	Quantum Memory Power

IN DETAIL:

Dominic began developing the mnemonic techniques that have made him famous when he saw Creighton Carvello memorise a pack of 52 playing cards in less than three minutes. His total belief in this issue of balance, coupled with his research into the brain, neuro-feedback and photic-stimulation have led him, with a colleague, to develop the unique Brainwave Conditioning System. This is a system that has been used to help condition peak performance in athletes and sportsmen and is now being used to help in the treatment of dyslexia and attention-deficit disorder, resulting in extremely rapid changes.

WHAT HE OFFERS YOU:

An outstanding mnemonist Dominic offers audiences fascinating insights into his memorisation techniques. He explains how you can reach peak personal and business performance by improving reading speed, memory and concentration skills. He gives lectures, and has been seen on television programmes such as *The Human Body*.

HOW HE PRESENTS:

Described as the greatest memoriser of them all Dominic is a highly professional and confident presenter.