



## Gareth Thomas

### Wales Rugby Legend

*"One of the most iconic and respected figures in world rugby"*

Gareth Thomas is one of Welsh rugby's biggest characters. The versatile player has done it all in the game, he was the first Welsh player to reach 100 caps. He became the ninth highest try scorer in the world, and then switched codes.

#### TOPICS:

- Diversity
- Working as a Team & Team Building
- Leadership
- Dealing with Difficulties / Crises
- Performing at the Highest Level / Maintaining Standards
- Motivation
- Inspiration

#### IN DETAIL:

Gareth 'Alfie' Thomas became a professional rugby player in 1995 and went on to enjoy a quite fantastic career. He is currently ranked 13th among international try scorers and is the second highest Welsh try scorer. A fullback, centre or winger, he excelled in rugby union for Cardiff Blues and Toulouse as well as flourishing in national colours. Following a fantastic effort on the pitch, Gareth has impressed with his analysis of rugby coverage on the BBC. Upon his retirement in 2011, Gareth became a dedicated rugby speaker and media star. Gareth is renowned for support and advocacy for homosexuality as he became the first rugby player to come out as gay and the following year he was voted the most influential gay person in the UK and received Stonewall's Hero of the Year award.

#### LANGUAGES:

He presents in English.

#### WHAT HE OFFERS YOU:

Gareth Thomas is a highly popular figure across the rugby community. Having agreed to his high-profile public outing in order to push the sporting world in the footsteps of other professions where openly gay people are accepted, he is a true sporting pioneer who uses all of his expertise and experience from the television and entertainment business to captivate and enthrall audiences.

#### HOW HE PRESENTS:

Gareth Thomas impresses audiences with his honesty, openness, unguarded and incredibly emotive and personal account of his life, both on the pitch and off it.