

Gavin Hastings OBE

Former International Rugby Player

"Losers make promises, winners make commitments" Gavin Hastings

Gavin Hastings is a former international rugby player, with 61 caps for Scotland, 20 of them as Captain. He captained the 1993 British Lions New Zealand Tour and has scored 700 points in test rugby. Gavin now has his own consultancy, whose mission is to help leaders excel under pressure.

TOPICS:

- Teamwork
- Leadership
- Motivation
- Host
- After Dinner

LANGUAGES:

He presents in English.

PUBLICATIONS:

2021 Legacy of Lions

IN DETAIL:

Gavin's debut for Scotland was against France in 1986 alongside his brother Scott. Gavin kicked 6 penalty goals to give Scotland victory by 18 points to 17. Gavin retired from rugby following the 1995 World Cup in South Africa and founded Hastings International.

WHAT HE OFFERS YOU:

Gavin provides valuable perspectives on the qualities required to excel as both a team player and a leader. He illustrates how the lessons acquired on the rugby field can be effectively applied in a professional setting to enhance performance.

HOW HE PRESENTS:

No stranger to public speaking Gavin appears regularly in the media and newspapers and his tailor-made presentations are filled with a mix of humorous and inspirational anecdotes. Additionally, Gavin's exceptional skills as an event host and captivating after-dinner speaker make him a truly engaging presence.