



## George King

### Urban Free Climber

*"Widely recognised as 'The Shard Climber'"*

George King, speaker and trailblazer in the realm of extreme sports, focuses on BASE jumping and urban free solo climbing. His most talked-about feat was scaling The Shard in 2019, catapulting him into the global spotlight, further highlighted by a feature in the award-winning Channel 4 documentary, 'The Boy Who Climbed The Shard' which was awarded 2021 best short-form documentary in Britain @ Broadcast Awards.

#### TOPICS:

- Fear Management & Emotional Control
- Decision-Making Under Pressure
- Mental Toughness and Resilience
- Peak Performance Habits
- Neurodiversity and ADHD
- Innovation and Risk Management

#### IN DETAIL:

For scaling The Shard, George was charged and jailed for 6 months, another experience in itself. He has done stunts and feats that are death defying. Literally, a life of ups and downs. He has hosted two TV shows with Channel 4, one called 'George Kings Adrenaline addicts', and the other 'George King's Illegal Activities' where George explored different extreme sports worlds, trying them out himself and evaluating. George is not just a man who climbs buildings; he's a symbol of human resilience, determination, and the relentless pursuit of greatness against all odds.

#### LANGUAGES:

He presents in English.

#### WHAT HE OFFERS YOU:

George shares his tale of ambition, risk, and overcoming fear as a speaker, providing insights into the mindset required for such feats and emphasising the importance of preparation, focus, and mental fortitude. His presentations blend thrilling anecdotes with profound reflections on human potential and the pursuit of excellence. George also touches on 'Controlling Fear' whilst living with ADHD.

#### HOW HE PRESENTS:

His experiences atop towering structures serve as metaphors for life's challenges, inspiring others to confront their own obstacles with courage and determination.