Helen Fielding

Novelist & Screenwriter

"Bridget Jones was always about the gap how we are expected to be and we actually are. In the age of social media that gap has got horribly wider"

Helen Fielding is an English novelist and screenwriter, best known as the creator of the fictional character *Bridget Jones*, and a sequence of novels and films beginning with the life of a thirty-something singleton in London trying to make sense of life and love.

TOPICS:

- Lessons from the Life and Times of Bridget Jones
- How to Relate and Communicate in the Age of Social Media
- Keep it Real and Be Human Rather than Perfect
- Sharing Humour
- Writing and Storytelling
- Awards

LANGUAGES:

She presents in English.

PUBLICATIONS:

2016	Bridget Jones's Baby
2013	Bridget Jones: Mad About the Boy
1998	Bridget Jones: The Edge of Reason
1996	Bridget Jones's Diary

IN DETAIL:

'Bridget Jones's Diary' and *'Bridget Jones: The Edge of Reason'* were published in 40 countries and sold more than 15 million copies. Also the third film in this series *'Bridget Jones's Baby'* (2016) grossed above $200 million worldwide. The BBC has announced that a Bridget Jones documentary presented by Helen Fielding will air in 2020. "Being Bridget" will be part of a BBC arts celebration of literature. Fielding will look back at Bridget Jones' cultural impact since her diary entries first appeared in newspapers, books and films. Until 1999 Helen Fielding worked as a journalist and columnist on several national newspapers and *The Telegraph*.

WHAT SHE OFFERS YOU:

An experienced media personality and creator of *Bridget Jones*, Helen shares her experiences of becoming one of the world's most read authors. With humour she approaches many human angles of communication and her motto is "keep it real" as well as "rather human than perfect".

HOW SHE PRESENTS:

A charismatic and charming personality, Helen loves being on the platform. She is a true professional and always well prepared. She prefers short presentations followed by lengthy interaction with her audience. Humour is her trademark.