



## Kate Richardson-Walsh OBE

Women's Hockey, Olympic Gold Medalist

*Twice winner of Hockey Writers' Player of the Year*

Kate Richardson-Walsh is the most capped female hockey player and was captain of the GB and England women's hockey teams for 13 years. She has been widely credited for helping build the incredible team ethos and commitment that drove the GB team to victory at the Rio Olympic Games.

### TOPICS:

- Leadership and Communication
- Team Building
- Maintaining Peak Performance
- Goal Setting
- Change Management
- High Performance Under Pressure
- Diversity and Inclusion - Female Leadership, LGBT and Inclusive Opportunity
- Grass Roots Sport

### LANGUAGES:

She presents in English.

### IN DETAIL:

Rio 2016 was Kate's fourth Games and finally yielded the coveted Olympic Gold medal. From a disastrous low of 11th place at the World Cup in 2014, a process of self-examination and rebuilding was instigated in which the team built and signed up to their own collective culture of behaviour, created a sense of common purpose and installed a distributed leadership structure to make sure this lived and breathed every day. Alongside this a process of learning through experience and collective reflection helped build a team that was able to adapt and withstand pressure whenever circumstances. Kate currently serves as an ambassador for UN Women and the Women's Sport Trust and supports disability hockey as an ambassador for Access Sport.

### WHAT SHE OFFERS YOU:

Kate shares her leadership expertise and her insights into team work with honesty and humour. As a female leader who reached the pinnacle of her career she also speaks passionately about equality of opportunity for women and the need for flexibility in what a leader should look and sound like.

### HOW SHE PRESENTS:

With thought provoking content combined with a natural sense of humour and down to earth persona, Kate receives glowing feedback and has quickly established herself as one of the most in demand speakers around.