

# Dame Laura Kenny DBE

**Five-time Olympic Gold Medalist**

*"Britain's greatest ever female Olympian"*

Dame Laura Kenny is one of the most recognised sportswomen on the planet and Britain's greatest ever female Olympian. In winning her fifth Olympic gold medal at the Tokyo 2020 Olympic Games, Laura became the first British woman to win gold at three consecutive Olympic Games.

## TOPICS:

- Motivation & Inspiration
- The Olympics
- Achieving Goals
- Host/Awards
- Guest Appearances

## LANGUAGES:

She presents in English.

## PUBLICATIONS:

**2016** Trott & Kenny: The Inside Track

## IN DETAIL:

Born with a collapsed lung and asthma, a young Laura was advised to get involved in sport to help her breathing problems. After picking up junior national titles, the teenage Laura joined the senior cycling team, at the time one of the most successful teams in the world. Within two years she was a fixture in the squad and competing at the London Olympics. In her autobiography *'The Inside Track'*, Laura along with her husband Jason give the inside track on what it takes to become a champion. She has been awarded Harper's Bazaar "Sporting Icons" award alongside Dame Sarah Storey; and her and teammate Katie Archibald became "Sky Sports Team of the Year" for their Madison gold medal in Tokyo at The Sunday Times Sportswomen of the Year. In 2021 Laura made her punditry debut on Eurosport at the inaugural UCI Track Champions League, in which she will be racing in 2022.

## WHAT SHE OFFERS YOU:

As one of the most celebrated figures in the realm of sports and Britain's unparalleled female Olympian, her remarkable journey within the sport positions her as an exceptional choice for after-dinner speaking engagements. Laura is an ideal candidate to captivate audiences at events, bringing eloquence and insight as a distinguished sports speaker.

## HOW SHE PRESENTS:

Laura Kenny is a down-to-earth, personality who relaxes, inspires and motivates everyone around her.