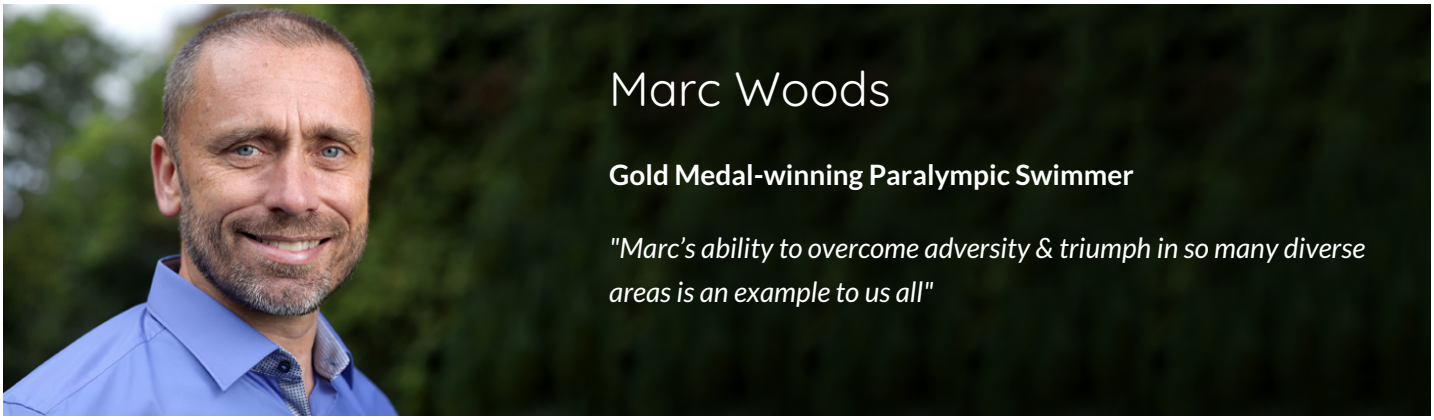

Marc Woods

Gold Medal-winning Paralympic Swimmer

"Marc's ability to overcome adversity & triumph in so many diverse areas is an example to us all"

Marc Woods' had his left leg amputated due to cancer when he was just seventeen years old, however just 18 months after he finished his chemotherapy, he was selected to represent Great Britain's swimming team at the Seoul Paralympics. Marc co-founded the Leadership Advisory business, Equiida, and now spends his time working with organisations around the world as an executive coach and speaker.

TOPICS:

- Path to Gold
- Personal Responsibility
- Motivation
- Overcoming Adversity
- Peak Performance
- Goal Setting
- Focus and Determination: A Winning Combination
- Teamwork
- Leadership
- Communication Skills

LANGUAGES:

He presents in English.

PUBLICATIONS:

2006 Personal Best: 10 lessons to help you achieve your true potential

IN DETAIL:

Marc's dream was to simply be the best that he could be, and he has competed at European & World Championships and Paralympic Games. In his 17 years of competition, he won a staggering 12 Paralympic medals from 5 Games, 4 of those medals being gold. Marc also won a further 21 medals from European and World Championships. Since retiring from competitive swimming, he embarked on a series of new challenges, including trekking in Nepal, Ecuador and Peru.

WHAT HE OFFERS YOU:

Marc Woods' experiences taught him to approach life in a different way and in his presentations, he takes audiences on a remarkable journey, inspiring each person to do the very best in every dimension of their lives. He has a remarkable story packed with anecdotes and insights and is an absolute inspiration, providing a combination of his inspirational life story and personal development advice.

HOW HE PRESENTS:

With thrilling footage, a terrific sense of humour and a complete lack of sentimentality, Marc demonstrates his passion for life and shows what can happen when we learn to focus on those things which are under our control.