



## Mark Colbourne MBE

London 2012 Paralympic Champion

*"Winners never quit and quitters never win"*

Mark Colbourne won the very first medal won for Paralympics GB at the London 2012 games with his well-deserved Silver medal on the track in the 1km individual time trial. He went on to win the Gold in the 3km pursuit. He then earned his second Silver medal with the 10 mile individual road time trial.

### TOPICS:

- Motivation
- Goal Achievement
- Host and Awards
- After Dinner

### LANGUAGES:

He presents in English.

### IN DETAIL:

Mark went through hell and back to reach his first Paralympic Games at London 2012, after he broke his back in a near fatal paragliding accident in 2009 and even though he was left with lower leg paralysis and drop foot in both feet, he fought for 12 months to learn to walk again with walking aids and now prides himself as a full time professional Para-cyclist for his country. London 2012 Paralympics was a phenomenal achievement, after only being back on the bike for 18 months after his accident.

### WHAT HE OFFERS YOU:

From the moment Mark's near fatal crash happened in 2009, he never gave up working towards a life that would take him to places in his mind and his heart that would one day be fulfilled and successful. Having helped to inspire so many people with his epic journey to Paralympic Gold, Mark can now share his key messages with audiences across the globe and aim to help those people to change their lives for the better, using his world class thought provoking methods.

### HOW HE PRESENTS:

Mark delivers his story from the heart and talks about the highs and lows of having a life changing experience. His motivating style and epic life story uplifts every audience and he never fails to leave anyone inspired.