Mark Foster

Eight-Time World Record Holder, Esteemed TV Personality

"One of the UK's most successful competitive swimmers"

Mark Foster is one of Britain's most decorated male swimmers. He represented his country for 23 years. Throughout his remarkable career, he won 51 major international medals, competed in 5 Olympics, was 6 times World Champion, and broke the World record 8 times. He is now a media personality and a regular tv presenter. .

TOPICS:

- Motivation
- Inspiration
- Peak Performance
- Host
- Presenter
- DEI
- LGBQT+

LANGUAGES:

He presents in English.

IN DETAIL:

Since retiring from competitive swimming in 2008, Mark has become a familiar face on television, gaining prominence as a regular presence on BBC 1's *'Strictly Come Dancing'*. He also served as a BBC pundit during the London Olympics in 2012 and formed a successful partnership with Claire Balding. Mark's journey continued as he ventured into the realm of dance and fitness, co-launching the FitStepsTM program alongside dance professionals Natalie Lowe and Ian Waite, following his stint on *Strictly Come Dancing*. Moreover, he dedicates himself to mentoring and training aspiring competitive swimmers through the Mark Foster Swimming Academy, ensuring a legacy in the sport he loves.

WHAT HE OFFERS YOU:

With captivating storytelling and insightful anecdotes, Mark shares the lessons he's learned from overcoming challenges and achieving success at the highest level of competition. He provides practical strategies and techniques that can be applied not only in sports but also in various aspects of life and business.

HOW HE PRESENTS:

Mark is a professional, knowledgeable, engaging, experienced and compassionate individual, who constantly strives to use his experience and public profile to inspire, educate and entertain.