



# Martina Navratilova

# **Tennis Legend**

"One of the most successful tennis players ever and an equally successful leader"

Martina Navratilova, an extraordinary tennis player, she revolutionised women's tennis through her exceptional speed, unwavering determination, and impressive agility. Her remarkable feat of winning the Wimbledon women's singles title a record nine times solidifies her status as one of the greatest players in the sport's history. Widely regarded as the pinnacle of singles, doubles, and mixed doubles prowess, Martina's impact is unparalleled.

# TOPICS:

- What It Takes to Become a Champion
- Setting and Achieving Goals
- o Healthy Lifestyle and Fitness
- Overcoming Adversity
- Human Rights and Equality
- Inspiration
- Motivation

# LANGUAGES:

She presents in English.

# **PUBLICATIONS:**

2006 Shape Your Self

1997 Breaking Point

1995 Killer Instinct

# IN DETAIL:

Martina has won 18 Grand Slam singles titles, 31 Grand Slam women's doubles titles (an all-time record), and 10 Grand Slam mixed doubles titles; in total she has won 59 Grand Slam titles. She still plays at all the Grand Slams where she takes part in the legend's doubles. Martina has been described as determined, feisty, self-deprecating, courageous, controversial and a Renaissance woman. She's always told it from the heart, never flinching from an unpopular comment or cause if she believes it to be right. She is a global icon for lesbian and gay rights and is, as she describes it herself, a citizen of the world. Martina now spends her time between being at home and broadcasting as a presenter/commentator for the BBC, Tennis Channel and BT Sport.

### WHAT SHE OFFERS YOU:

Martina is a tennis legend and a remarkable leader. Having personally experienced the hurdles of adversity and triumphed, Martina stands as a powerful advocate for embracing an active lifestyle and pursuing ambitious goals.

### **HOW SHE PRESENTS:**

Martina Navratilova is a captivating figure, admired for her charisma, wit, and unwavering determination. Her ability to infuse humour into her forthright nature makes her highly engaging and inspiring.

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