

Nadia Comaneci

Gymnastics Legend

"Extraordinary gymnast with a powerful and inspirational message"

Nadia Comaneci is possibly the greatest gymnast of all time. She won a total of nine Olympic medals, five of them gold and will always be remembered as the first gymnast to score a perfect 10 and leave her indelible mark on the history of the Olympics. Currently, she and her husband own the Bart Conner Gymnastics Academy, the Perfect 10 Production Company and several sports equipment shops.

TOPICS:

- Finding Your F.O.C.U.S.
- Keeping Your B.A.L.A.N.C.E. in Life
- Paying Attention to Details
- How to Overcome Adversity
- How to Resist Complacency
- The Power of Teamwork

LANGUAGES:

She presents in Romanian and English.

PUBLICATIONS:

2003	Letters to a Young Gymnast
1981	Nadia: The Autobiography of Nadia Comaneci

IN DETAIL:

In 1999, Comaneci was honored by *ABC News* and *Ladies' Home Journal* as one of the 100 Most Important Women of the 20th Century. She received the Olympic Order, the highest award given by the International Olympic Committee, in 1984 and 2004. She is the only person to receive this honor twice, and was also the youngest recipient. She has also been inducted into the International Gymnastics Hall of Fame. She now divides her time among appearances, commercial endorsements for major companies, speaking engagements and charity events. Nadia and her husband are also editors of the *International Gymnast* magazine.

WHAT SHE OFFERS YOU:

Nadia offers audiences great insights into what it takes to reach the top and how we can apply the lessons she learned competing internationally to enhance our own business and personal lives.

HOW SHE PRESENTS:

Nadia presents and inspires audiences with her terrific story about the trials and tribulations she faced reaching her Olympic goals.