



Nicola Adams OBE

Olympic Gold Boxing Medallist

"Nicola is a true champion in every sense of the word"

Nicola Adams OBE, a two-time Olympic and WBO World Champion, is Great Britain's most successful female boxer of all time. She is celebrated not only for her sporting accomplishments but also for her advocacy and influence within the LGBT community. Nicola remains committed to supporting the wider sports and boxing communities and continues to be a role model for many.

TOPICS:

- Diversity & Inclusion
- Peak Performance
- Overcoming Adversity
- Sport & Health
- Winning
- Drive and Determination
- Inspiration

LANGUAGES:

She presents in English.

PUBLICATIONS:

2017 Believe: Boxing, Olympics and my Life Outside the Ring

IN DETAIL:

Through the "Fight for Peace" initiative, Nicola encourages people of all ages and abilities to join their local sports clubs. As a result, participants benefit from improved health, confidence, and community connection. Nicola actively supports several charities to increase opportunities for young people and women in sport and boxing. Consequently, her efforts help promote equality and inclusion across athletic spaces. Away from the ring, Nicola has become a popular and relatable TV personality. For example, she has appeared on entertainment programs across BBC, ITV, Channel 4, and Sky. Nicola featured in the BAFTA-nominated *Gogglebox* and *Bear Grylls: Wild Adventure*. Moreover, in 2020, she made history on BBC's *Strictly Come Dancing* by joining the show's first same-sex pairing. Since then, she has continued breaking new ground. Most recently, she launched her documentary *Lioness: The Nicola Adams Story*. In fact, this film further cemented her legacy.

WHAT SHE OFFERS YOU:

Nicola fearlessly speaks out against inequality and discrimination. Because of her unwavering determination, she inspires audiences to push boundaries and strive for their personal best. Above all, her story encourages perseverance and purpose.

HOW SHE PRESENTS:

Her bubbly personality, honest storytelling, and wide smile captivate every audience. In addition, her inspiring journey ensures a lasting impact on all who hear her speak. Nicola's talks leave audiences feeling empowered and motivated.