

Owen Eastwood

Performance Coach

"Belonging is the foundation of any high-performing environment."

Owen Eastwood is a Performance Coach engaged by high performing organisations to develop a competitive advantage in their leadership and team culture. His previous diverse experience around the world includes the Command Group of NATO, professional ballet, corporate leadership teams and the South African cricket team.

TOPICS:

- The Key to Great Culture
- Belonging to Something Greater
- Cultivating a Growth Mindset
- Embracing Change

LANGUAGES:

He presents in English.

PUBLICATIONS:

2021 Belonging: The Ancient Code of Togetherness

IN DETAIL:

Owen Eastwood knows more about belonging – what it is, how to create it and how to measure it – than most. As a performance coach, he has worked with the England football team, Nato and the South African cricket team. He has written the best-selling book Belonging: The Ancient Art of Togetherness. And he's an in-demand speaker across the world.

WHAT HE OFFERS YOU:

Owen delves into the strategies for optimising employee performance within businesses of all sizes, emphasising the significance of cultivating a thriving organisational culture. Key elements of Owen's distinctive methodology encompass discovering one's identity narrative, establishing a common purpose, envisioning future achievements, fostering shared ownership, recognising the subtle dynamics within group interactions, creating conditions to unlock individual talents, and harnessing diversity as a catalyst for competitive advantage.

HOW HE PRESENTS:

Owen Eastwood, renowned performance coach, is set to captivate audiences at the upcoming event with his dynamic and inspiring presentation. As a seasoned expert in the field of performance coaching, Eastwood brings a unique blend of practical insights and motivational wisdom to the stage.