

Rebecca Stephens MBE

Author, Mountaineer and Adventurer

"Britain's most famous female climber"

Rebecca Stephens began her career in journalism but is best known for her accomplishments in a completely different field, that of mountaineering. On 17th May 1993, she became the first British woman to climb Everest.

TOPICS:

- The Seven Summits of Success
- Motivation
- The Importance of Teamwork
- Achieving Personal Goals
- Reaching the Top

LANGUAGES:

She presents in English.

PUBLICATIONS:

2005	The Seven Summits of Success
2001	Everest
1994	On Top of the World
1990	The Daily Mail Guide to Buying a Home Abroad

IN DETAIL:

Rebecca Stephens worked as a journalist in London for ten years. She visited Everest for the first time to report on an expedition climbing the North East Ridge. In 1994 she went on to climb the highest mountain on each of the seven continents, the so-called Seven Summits, again the first British woman to accomplish this feat. In 2007, she established a company Seven Summits Performance Ltd with the sole purpose of delivering effective professional and leadership development. Rebecca has written several books and continues to write articles for the nationals, *The Financial Times* as well as *The Independent*, *Telegraph* and *Mail on Sunday*. In 2003 she was a judge for the Man Booker prize for contemporary literature. She is a trustee for The Himalayan Trust and for the Kathmandu Art Centre, a fellow of the Royal Geographical Society and member of the Alpine Club.

WHAT SHE OFFERS YOU:

A combination of her mountaineering accomplishments and communication skills – in the spoken as well as written word, has led to her delivery of inspirational keynote addresses and master classes to business audiences around the world. Drawing on her experiences in the extreme and at times hostile environment of the mountains, she shares insights into leadership, motivation, teamwork and communication skills that are as pertinent to the business executive as they are the climber.

HOW SHE PRESENTS:

She speaks passionately about the importance of teamwork and inspires audiences with her stimulating presentations.