



Rupal Patel

Former CIA Officer

Called a "Power Woman" by Harper's Bazaar Magazine

Rupal Patel is a Former CIA Officer, awarded War Zone Service Medals and Meritorious Citations for "exceptional performance of duty" and "superior support to the President of the United States". Her high-octane career has taken her from military briefing rooms in jungles and war zones to corporate boardrooms and international stages.

TOPICS:

- High Pressure Performance
- Mastering Your Mind & Showing Up Powerfully
- Innovation and Creativity
- Leading through Failure, Uncertainty, and Challenge
- Identity-Driven Leadership
- Getting Comfortable with Discomfort
- Resilience and Self Belief
- Authentic Visibility
- Speaking Truth to Power

LANGUAGES:

She presents in English.

PUBLICATIONS:

2022 From CIA to CEO: Unconventional Life Lessons for Thinking Bigger, Leading Better and Being Bolder

IN DETAIL:

After leaving the CIA, she earned her MBA from London Business School and started her first award-winning business over ten years ago. Rupal is a sought-after speaker who has spoken in front of thousands and worked with top-tier organisations and conferences around the world from Virgin to Ab Inbev to SuperReturn. She helps visionary leaders, teams, and organisations make the seemingly impossible possible. Called a "super-strategist" by her clients, Rupal draws on her Ivy-League education, MBA degree, and CIA training, and marries industry-leading theory with tactical experience in ways that transform every client she works with.

WHAT SHE OFFERS YOU:

Rupal's unique perspectives on resilience, adaptability, growth, and mindset are invaluable for founders and corporate leaders who want off-the-beaten-path insights to help them think bigger, lead better, and be bolder.

HOW SHE PRESENTS:

Rupal's delivery is powerful and impactful, and her truly unique insights arm her audiences with the tools they need to remake the rules of success and become unstoppable.