

Sabrina Cohen-Hatton

Deputy Assistant Commissioner - London Fire Brigade

"An inspirational woman" Good Housekeeping

Sabrina is an experimental psychologist and deputy assistant commissioner in the London Fire Brigade. Her unique perspective allowed her to research decision-making in places where most psychologists can't – actual emergency incidents – from the viewpoint of the operational commander.

TOPICS:

- Overcoming Adversity
- Behavioural Neuroscience
- Risk Taking

LANGUAGES:

She presents in English.

PUBLICATIONS:

2019 The Heat of the Moment

IN DETAIL:

Sabrina Cohen-Hatton has been a firefighter since she was eighteen years old. She is now a Deputy Assistant Commissioner and one of the most senior female firefighters in the UK. After leaving home at fifteen and school at sixteen, she joined the fire service in Wales. While climbing the ranks, she studied at the Open University and then at Cardiff University, eventually completing a PhD in Psychology. Her subsequent research into incident command in the emergency services has not only won awards but has also influenced policy at a global level. Sabrina was conferred as an Honorary Fellow at Cardiff University.

WHAT SHE OFFERS YOU:

Taking audiences to the very heart of firefighting, Sabrina immerses us in this extraordinary world; and reveals her own story as she recounts her years spent sleeping rough and her passion for a career that allows her to rescue others as she was never rescued herself. Sabrina speaks of everything she has learnt about how we respond in our most extreme moments.

HOW SHE PRESENTS:

Sabrina has an enthusiastic, warm, and empathetic personality, drawing the listener into her message and develops a following wherever she goes.