



## Samantha Clarke

Changemaker and Happiness Consultant

*"An advocate of the happy culture"*

Samantha Clarke is a coach and advisor on how to navigate the impact of technology on happiness at work, elevate emotional intelligence and build company culture, relationships, and environments that support, retain and attract happy employees and teams.

### TOPICS:

- Creating a Culture of Happiness and Growth
- Asking the Individual who They Are at Work, and Why Being Themselves is Good within Business
- Finding the Meaning and Purpose at Work/Supercharging Employee's Purpose and Career Conversations
- Resilience and Wellbeing

### LANGUAGES:

She presents in English.

### PUBLICATIONS:

**2020** Love It or Leave It - How to Be Happy At Work

### IN DETAIL:

As a Happiness Consultant, Samantha has taken up the mantle to start a revolution around happiness at work. Whether that's helping company leaders and teams to design more conscious, happier workplaces and processes or guiding individuals to find work they love that's meaningful and speaking globally about the benefits of more mindful and sustainable work happiness strategies. From Deutsche Telekom to Nespresso to NHS to a School of Life classroom she is shaking up the status quo on what work means and how you can nurture yourself and your work desires in a better way. All of her years of work experience, learnings from her own journey and case studies from her clients give real tangible and practical advice to get started today!

### WHAT SHE OFFERS YOU:

Samantha's passions are a melting pot of psychology, philosophy, technology, happiness, wellbeing, cultures, and people. It's her mission to help companies and individuals by giving advice on the small things they can do to make a big difference. She loves to join the dots, be a catalyst for great ideas and support and inspire change.

### HOW SHE PRESENTS:

Samantha is in great demand as a speaker around the globe by audiences eager to hear her inspirational message.