

Thomas Bubendorfer

World Renowned Climber

"Everything I know, the mountains have taught me"

Thomas Bubendorfer is the world's foremost solo climber – the most elite group of athletes in the world. His life and his achievements as a climber have been portrayed in more than a dozen documentaries. He regularly consults business executives on how they can avoid the performance-impairing effects of a one-sided lifestyle.

TOPICS:

- In a Time of Constant Change in the Modern Business World
- Less is More
- Intelligent Peak Performer®
- Leadership
- Motivation, Achievement, Excellence
- Risk - Safety
- Beyond each Goal you Reach
- Vision and Passion

LANGUAGES:

He presents in German, English, French and Italian.

PUBLICATIONS:

2012 Das Leben ist wie das Bergsteigen (Life is like Climbing Mountairns) – only published in China

Ausganspunkt Jetzt (Starting Point Now)

2002 Zauberworte vom Berg (Magic Words from the Mountains)

2007 Die Kraft, die uns nach oben trägt (The strength that drives us up)

2001 Senkrecht gegen die Zeit (Vertically against Time)

IN DETAIL:

Thomas has peak-performed in climbing, writing and keynote speaking for more than four decades. In 1983 he wrote climbing history at 21 years of age when he became the first to solo climb without ropes, the highest and hardest mountain faces in the Alps, most notably the notorious Eiger North Face, a feat unparalleled to this day. But mountains taught Thomas that life is permanent movement and that as soon as you think you've got it made you are going down. He never rested on his laurels and achieved unique solo ascents also in the Andes, in Alaska, Patagonia and the Himalayas. In the last two decades he has evolved into a team climber and achieved more than 30 first ascents in severe winter climbs; the latest in January of 2022!

WHAT HE OFFERS YOU:

Thomas shares with audiences around the world how they, too, can recover from permanent stress, how long-time high performance is possible without burning out and why occasional failing and above all measured rest are essential preconditions for the unfolding of our potential. He offers an in-depth look at simple techniques they can apply in their every-day lives to achieve great results over a long period of time – without burning out!

HOW HE PRESENTS:

His breath-taking presentations are filled with examples of his incredible adventures and entertain and inspire audiences from around the globe.

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