

Toni Nadal

Head Coach at Rafa Nadal Academy

"One of the most respected coaches in the history of tennis"

Toni Nadal is a Spanish tennis coach. He started working at the Manacor Tennis Club as Head Coach, where he led many of his players to top places in the Spanish ranking. As an Inspirational Speaker, Toni has been Rafa Nadal's mentor and coach for 27 years. He is Head Coach of the Rafa Nadal Academy.

TOPICS:

- Dealing with Adversity
- Teamwork
- Self-Improvement
- Elite Sport
- Leadership
- Managing Success and Failure

LANGUAGES:

He presents in English & Spanish.

PUBLICATIONS:

2015 Todo se puede entrenar

IN DETAIL:

Toni has always seen himself more as a mentor than as a coach. He believes a sportsman should develop three main qualities: technical skills, character, and the right set of values. As a coach, he has the best track records in the history of tennis:16 Gran Slam tournaments, 2 Olympic Games, 4 Davis Cup and 74 tournaments in total. His coaching philosophy is rooted in effort, respect, mental toughness, and humility, principles that have become widely admired beyond tennis. He talks about how to achieve perseverance, hope, responsibility, endurance, self-demand and faithfulness to one's principles when personality becomes a worldwide issue.

WHAT HE OFFERS YOU:

Toni speaks about dealing with adversity, about attitude, simplicity, inner resourcefulness, respect, compromise, self-improvement, coping with failure and about not glorifying success. The most important talent is the capacity to improve and accept good guidance.

HOW HE PRESENTS:

Toni Nadal, from his many years of experience, assures us that the best method is the 'no method'. He says that a strategy which is restricted by rigidities or dogmas is more likely to lead you to failure. He speaks with humility, clarity, and conviction, often using real-life stories from his coaching journey to illustrate key lessons.

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