



## Darren Campbell MBE

Olympic Gold Medallist Sprinter & Performance Coach

*"A world class competitor"*

Darren Campbell MBE is a talent with a genuine winning mentality and commitment to put the work in to achieve the required outcome. Whether in his sprinting days, playing semi-professional football or managing his sports supplement business, P-A-S he's all about careful planning, hard work and perfect execution.

### TOPICS:

- Sports
- Planning and Preparation
- A Winning Attitude
- Fighting Back
- Battling Through Difficult Time

### LANGUAGES:

He presents in English.

### IN DETAIL:

Darren was a world class competitor in the 100m, the 200m and 4 x100m relay. Amongst his achievements, Darren won Olympic silver at the Sydney Games, a bronze medal in the 200m at the Commonwealth Games in his hometown of Manchester, and in the 2004 Olympics Darren was a member of the men's 4 x 100m relay squad whose speed and excellent baton changing took the gold medal. This was the first time a GB team had done so since 1912. Darren He is a much-respected member of the Youth Sport Trust and other initiatives that motivate young kids to believe in themselves and get involved in athletics.

### WHAT HE OFFERS YOU:

Darren's skills and insight into sprinting technique and handling pressure means he is in high demand as a pace and acceleration coach working with Premier League footballers and rugby professionals with great success.

### HOW HE PRESENTS:

Darren is a very popular speaker who has a great story to tell. His presentations are delivered a very inspirational and superb way.